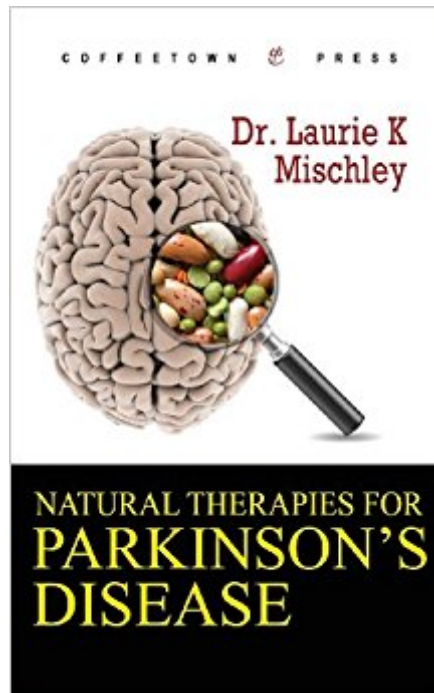




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Natural Therapies For Parkinson's Disease



Synopsis

Conventional management of Parkinson's disease (PD) is limited. The pharmaceutical and surgical options that are available have significant side effects and only correct symptoms for a limited period of time. Even with the best conventional treatment, the disease progresses and becomes severely disabling. No existing conventional therapies that the progress of the disease; available medicines only treat symptoms temporarily. Conventional medicine views the course of the disease as "progressive" and "irreversible." Many patients, who are only partially satisfied with conventional medicine, seek alternative and complementary options in an attempt to slow, stop, or reverse the disease process. This book has several functions: - It is a science-based reference manual. - It is inspiring and empowering to patients. - It is educational for both patients and neurologists. - It is entertaining. - It fosters an understanding between conventional and complementary providers. Chapters on , Alpha-Lipoic Acid, Aluminum, Antioxidants, Beta-carotene, Calorie Restriction, Carnitine, Chelation, Cholesterol, Choline, Coenzyme Q-10, Constipation, Creatine, Curcumin (Turmeric), Dairy, DHA (fish oil), Fava Beans, Glutathione, H. pylori (Helicobacter pylori), Homocysteine, Iron, Manganese, Marijuana (Cannabis sativa), Mucuna pruriens, Velvet bean, Cowhage, Niacin, Tea, Vitamin B6, Vitamin D, and other topics.

Book Information

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Customer Reviews

Laurie K. Mischley, ND, practices naturopathic medicine in Seattle, WA. She has done research on glutathione in Parkinson's disease at Bastyr University in Seattle and specializes in Parkinson's

disease and other neurological conditions. --This text refers to the Paperback edition.

Good information. It was helpful to know that there are natural ways to help improve the prolonged health and vitality of my husband. He is still feeling tired and has symptoms, but it is helping to learn about new ways to eat.

This book is very informative. Gives a lot of good ideas/therapies for PWP's to try. I like the "arrows" that point to information that is recommended for action. These arrows make it easy to go back for important reference items. And, the "Doc Boxes" have information your doctor may need to know about certain therapies.

This is a wonderful guide for those interested in the role that nutrition especially plays in addressing the treatment of Parkinson's Disease. As a person recently diagnosed with PD, I have faithfully researched the landscape of pharmaceuticals, vitamins, nutraceuticals and supplements of all kinds; also, physical activities including Tai Chi, yoga and Pilates and exercise. And a host of conventional medical approaches together with naturopathic and alternative medicines. Dr. Mischley touches on just about everything noted above and summarizes clearly the benefits and shortcomings of each in an independent and thoughtful manner. She also speaks respectfully within her text to the physicians in all disciplines and yet has done so in a manner understandable by the lay person. In short, this is a quick and easy while compelling read and I think it has something for everyone ... especially PD patients looking for something instructive enabling them to address their issues directly.

I've been researching Parkinsons ever since and before my diagnosis; also working with a nutritionist. So much of what Dr. Mischley rings true for me. I'm very impressed not only with her knowledge, but with her style of presenting in a clear and concise way for me. I will probably re-read this book and share with others.

Very helpful in my struggle with Parkinson's.

This book has very relevant information for those wanting to know more about Parkinson's and what can be done to slow the progression of the disease.

Some excellent suggestions when you are dealing with Parkinson's. The more information you can gain, the better prepared you are to face the disease, no matter what disease you are faced with.

Informative. Dovetailed nicely into the information I am receiving from my my health care providers. Helpful.

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